# Suchaplaincy national snapshot 2024

SU has been providing social, emotional and pastoral support in Australian schools through chaplaincy for over 30 years. Throughout 2023 we collected information on their activities and impact. We are pleased to share our findings with you.

### quick facts



### what does a school chaplain do?

School chaplains in Australia provide social, emotional, and pastoral support to school communities. They contribute to the overall wellbeing strategies and educational goals of our local schools.

School chaplains are in the prevention and support business: helping students find a better way to deal with issues ranging from family breakdown and loneliness to friendships and mental health.

#### How much time do chaplains spend on each of their key accountabilities?



### what impact do school chaplains have?



"When I miss my parents or I'm having a bad day, I will go and see [our school chaplain] ... because it helps me when I'm feeling down or sad. After my time, I feel really happy and I'm ready to learn again."

Owen, Student (aged 10) with School Chaplain Rob

"Having a school chaplain ... has been instrumental in enhancing the overall wellbeing of our students. Carla offers a safe and non-judgemental space where students can freely express their emotions and concerns. She organises activities, events, and groups that promote inclusivity, connection and a positive school environment."

Nic Williams, Principal with School Chaplain Carla



# who do school chaplains talk to?

In Australia, school chaplaincy services are available and accessible to all students, staff and families. Chaplains don't provide case management or counselling but complement other school support services by providing pastoral care support.

#### **STUDENTS**

Chaplains have

pastoral converstations every week, which makes up

of their pastoral conversations. In an average three-day week, a chaplain would have

pastoral conversations.

#### SCHOOL STAFF

Chaplains have

pastoral converstations every week, which makes up

of their pastoral conversations. In an average three-day week, a chaplain would have

pastoral conversations.

### PARENT/CARERS

Chaplains have

pastoral converstations every week, which makes up

of their pastoral conversations. In an average three-day week, a chaplain would have

pastoral conversations.



# how do school chaplains help students?



Top 5 issues students talk

1. Friendship/Peer Issues

2. Education Support

(Behaviour, Disengagement, Study Issues)

3. Bullying / Harassment

4. Mental Health -(Anxiety/Depression)

5. Family Breakdown -

(Parental Separation) 8%)

Every year chaplains have

206,360

formal conversations and

informal conversations with students.





**School Chaplains** provide support to

classes every week.

### What's the difference between an informal and formal conversation?

A formal conversation requires resolution, referral or follow-up. An informal conversation, though significant, requires no further action. With permission from the school principal, chaplains may refer families and individuals to relevant internal and external agencies for additional support.

# what is the impact of chaplaincy on school wellbeing?



The Nest is Australia's wellbeing framework for children and young people aged 0 to 24 years. It's a way of thinking about the whole child in the context of their daily lives, viewing wellbeing in a way that brings together the different elements a child or young person needs to thrive. The Nest conceptualises wellbeing as interconnected domains that support each other to help children reach their potential.

Below are the percentages of school chaplains who report substantive impact in each of these key domains.



valued, loved & safe



Being a positive role model for students to emulate



Helping students develop more positive relationships with family, friends, and peers



healthy



Promoting the social, emotional, and spiritual wellbeing of students



Helping students to develop strategies to deal with their emotions and stress



school community



Contributing to a positive ethos and culture in the school



Supporting teachers and other school staff



actively participating



Helping students to develop a stronger sense of belonging at school and/or to the wider community



Helping students to express their views and opinions about issues that affect them



engaged in learning



Helping students to be ready and return to classroom learning after being in distress



Supporting students in their learning through classroom support



identity & culture



Supporting the spiritual health and wellbeing of students



Affirming the cultural and/or spiritual identity of students



essential needs



Facilitating
Breakfast Clubs or
other services to
ensure students
are adequately
fed at school



Providing students with other material basics (uniforms, books, equipment) to help their learning outcomes

# what types of programs do chaplains run in schools?

Chaplains make a significant contribution to the wellbeing of school communities through the facilitation of social, emotional, and holistic wellbeing programs, such as Rock and Water, Rhythm 2 Recovery, and Seasons for Growth. These programs involve daily, weekly, or monthly sessions in response to the needs of the school.



#### How many programs do chaplains run in an average school term?



**749**Breakfast Clubs



**228**Educational Support



**1,061**Social-emotional Support



**39** Anti-bullying



296 Spiritual Support Programs



Funerals and Memorials



297
Mentoring and Role Modelling



52 Diversity Support



**43** Parenting



**683**Community Development,
Events and Activities

# how do school chaplains support those at-risk?

School chaplains are available to everyone, but they are particularly invested in supporting individuals and groups who may be considered at-risk. Through early intervention activities and pastoral support, school chaplains increase the chances of these young people experiencing better life outcomes.



Culturally and linguistically diverse



LGBTIQ+

Indigenous

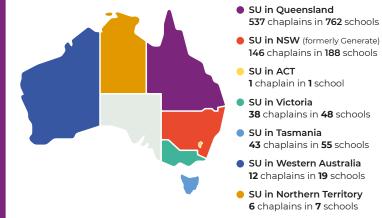
Australian Defence Forces children In care of Dept. of Child Safety

Juvenile Justice

Students with disabilities/special needs

### where are our school chaplains?

### **Nationwide Distribution of SU School Chaplains**



TOTAL SU Australia 783 chaplains in 1,080 schools

school chaplaincy volunteers

SU Chaplaincy connects schools with their local community.

Every week hundreds of volunteers engage with their local school to provide programs and events, facilitated by the chaplain.

#### **Volunteers and Volunteer Hours**

630 Social, Emotional & General Wellbeing = 3,404 hrs

589 Community Development = 1,897 hrs

365 Role Modelling & Mentoring = 4,874 hrs

153 Educational Support = 868 hrs

1,034 Extra-Curricular Activities = 3,185 hrs

221 Team Contribution = 520 hrs

Volunteers are sourced from the local community, churches, school parents, support groups and other invested organisations.

If you would like to download this report, visit suchaplaincy.org.au/snapshot

This research and design was undertaken in partnership with **mccrindle** mccrindle.com.au



